

## Preschool Program

**More than anything else the future of our families, communities, cultures, economics, and nation depends on our children's learning.**

CCDC's preschool program is designed to foster a child's curiosity and eagerness to learn. Our caring, experienced teachers are dedicated to providing a rich, nurturing environment that will prepare your child for Kindergarten and beyond.

Coastside Child Development Center's preschool program is designed through the California Department of Education and includes state and national Kindergarten readiness standards.

Our preschool program includes:

- Language and literacy
- Outside play and gross motor activities
- Dramatic play
- Sand and water play
- Science and nature
- Math and manipulatives
- Creative arts and music

Our program offers various learning centers and activities where children are exposed to social, physical, emotional, language and cognitive skills.

Each child's emotional-social development is vital to the care and educational components at CCDC. School readiness goes beyond academic skills and includes social-emotional skills. CCDC uses the *Second Step* early learning program to help develop children's self-regulation skills and social-emotional competence.

Meals at CCDC are delivered daily by and includes:

- Breakfast
- Lunch
- PM snack



Chefabes food is rated high in quality, taste and nutrition. Made from scratch and using the best quality ingredients, which help children to develop healthy eating habits that last a lifetime.

